

**THINK BIGGER.
PRAY BIGGER.
BELIEVE BIGGER.**



**21 DAYS OF PRAYER & FASTING
DEVOTIONAL 2024**

WELCOME TO THE 21 DAYS OF PRAYER AND FASTING

It's the start of a new year, and what better way to start than by spending time with God. If you are new to prayer and fasting, we invite you to get the prayer guide that explains what prayer and fasting are as well as different ways to do them.

This devotional is designed as a supplement to our weekly sermons. There are three weeks, and each week we review the sermon message, read related scripture, answer the journal prompts, and pray over God's Word. You can pick one day each week to reflect on and work through the devotional or do a little each day.

Additionally, you can join the Prayer Team on Tuesdays at 7 pm at the church to pray together and talk about who God. Bring your prayer requests, praises, and any questions you have about prayer and fasting. We look forward to fellowshiping together.

- Arise Church Denver Prayer Team

**NEW TO
PRAYER OR
FASTING?**



WEEK 1 – WHEN GOD IS TOO SMALL

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

EPHESIANS 3:20-21 NIV

ASK BIG THINGS OF A BIG GOD.

DAY 1 – GOD IS THE CREATOR OF LIFE

READ: 1 SAMUEL 1:1-2, 6, 9-11, 19-20

1 There was a certain man from Ramathaim, a Zuphite from the hill country of Ephraim, whose name was Elkanah son of Jeroham, the son of Elihu, the son of Tohu, the son of Zuph, an Ephraimite. **2** He had two wives; one was called Hannah and the other Peninnah. Peninnah had children, but Hannah had none.

6 Because the Lord had closed Hannah's womb, her rival kept provoking her in order to irritate her.

9 Once when they had finished eating and drinking in Shiloh, Hannah stood up. Now Eli the priest was sitting on his chair by the doorpost of the Lord's house. **10** In her deep anguish Hannah prayed to the Lord, weeping bitterly. **11** And she made a vow, saying, "Lord Almighty, if you will only look on your servant's misery and remember me, and not forget your servant but give her a son, then I will give him to the Lord for all the days of his life, and no razor will ever be used on his head."

19 Early the next morning they arose and worshiped before the Lord and then went back to their home at Ramah. Elkanah made love to his wife Hannah, and the Lord remembered her. **20** So in the course of time Hannah became pregnant and gave birth to a son. She named him Samuel, saying, "Because I asked the Lord for him."

REMEMBER: GOD IS OVER ALL THINGS EVEN LIFE

PRAYER: God, you are over all things, even life itself. Help me to trust you more even big things. In these next 21 days, I am praying for: _____
AMEN

DAY 2 – GOD IS A HEALER & GIVER OF LIFE

READ: 2 KINGS 20:1-6

1 In those days Hezekiah became ill and was at the point of death. The prophet Isaiah son of Amoz went to him and said, “This is what the Lord says: Put your house in order, because you are going to die; you will not recover.”

2 Hezekiah turned his face to the wall and prayed to the Lord, **3** “Remember, Lord, how I have walked before you faithfully and with wholehearted devotion and have done what is good in your eyes.” And Hezekiah wept bitterly.

4 Before Isaiah had left the middle court, the word of the Lord came to him: **5** “Go back and tell Hezekiah, the ruler of my people, ‘This is what the Lord, the God of your father David, says: I have heard your prayer and seen your tears; I will heal you. On the third day from now you will go up to the temple of the Lord. **6** I will add fifteen years to your life. And I will deliver you and this city from the hand of the king of Assyria. I will defend this city for my sake and for the sake of my servant David.’”

REMEMBER: GOD IS A GOD OF HEALING

PRAYER: God, you are the ultimate healer, I trust in your power to restore and renew. No ailment or request is too great for Your healing touch. I pray for healing in _____ AMEN.

DAY 3 – GOD IS IN CONTROL OF ALL THINGS

READ: ACTS 12:1-7

1 It was about this time that King Herod arrested some who belonged to the church, intending to persecute them. **2** He had James, the brother of John, put to death with the sword. **3** When he saw that this met with approval among the Jews, he proceeded to seize Peter also. This happened during the Festival of Unleavened Bread. **4** After arresting him, he put him in prison, handing him over to be guarded by four squads of four soldiers each. Herod intended to bring him out for public trial after the Passover.

5 So Peter was kept in prison, but the church was earnestly praying to God for him.

6 The night before Herod was to bring him to trial, Peter was sleeping between two soldiers, bound with two chains, and sentries stood guard at the entrance. **7** Suddenly an angel of the Lord appeared and a light shone in the cell. He struck Peter on the side and woke him up. “Quick, get up!” he said, and the chains fell off Peter’s wrists.

REMEMBER: NO SITUATION IS OUTSIDE OF HIS CONTROL

PRAYER: Lord, no situation is beyond your control. I surrender every challenge to Your sovereign authority. I lift up _____ to you, knowing that nothing is impossible for you. AMEN.

DAY 4 – GOD GIVES VICTORY

READ: JOSHUA 10:1-14

7 So Joshua marched up from Gilgal with his entire army, including all the best fighting men. **8** The Lord said to Joshua, “Do not be afraid of them; I have given them into your hand. Not one of them will be able to withstand you.”

9 After an all-night march from Gilgal, Joshua took them by surprise. **10** The Lord threw them into confusion before Israel, so Joshua and the Israelites defeated them completely at Gibeon. Israel pursued them along the road going up to Beth Horon and cut them down all the way to Azekah and Makkedah. **11** As they fled before Israel on the road down from Beth Horon to Azekah, the Lord hurled large hailstones down on them, and more of them died from the hail than were killed by the swords of the Israelites.

12 On the day the Lord gave the Amorites over to Israel, Joshua said to the Lord in the presence of Israel:

“Sun, stand still over Gibeon,
and you, moon, over the Valley of Aijalon.”

13 So the sun stood still,
and the moon stopped,
till the nation avenged itself on its enemies,
as it is written in the Book of Jashar.

The sun stopped in the middle of the sky and delayed going down about a full day. **14** There has never been a day like it before or since, a day when the Lord listened to a human being. Surely the Lord was fighting for Israel!

REMEMBER: GOD IS THE ONE WHO BRINGS VICTORY

PRAYER: Lord God, *Jehovah Nissi*, you bring victory in every circumstance, even when I may not see it. Let me see how you see. I place my struggles before you, confident that your triumph is assured. I pray for victory in _____ AMEN.

DAY 5 – GOD IS THE ONE TRUE GOD

READ: 1 KINGS 18:20-40

36 At the time of sacrifice, the prophet Elijah stepped forward and prayed: “Lord, the God of Abraham, Isaac and Israel, let it be known today that you are God in Israel and that I am your servant and have done all these things at your command. **37** Answer me, Lord, answer me, so these people will know that you, Lord, are God, and that you are turning their hearts back again.”

38 Then the fire of the Lord fell and burned up the sacrifice, the wood, the stones and the soil, and also licked up the water in the trench.

39 When all the people saw this, they fell prostrate and cried, “The Lord—he is God! The Lord—he is God!”

40 Then Elijah commanded them, “Seize the prophets of Baal. Don’t let anyone get away!” They seized them, and Elijah had them brought down to the Kishon Valley and slaughtered there.

REMEMBER: WE CAN PUT OUR FAITH IN THE ONE TRUE GOD

PRAYER: Heavenly Father, we can put our faith in you, the one true God. Help me deepen my trust in your unwavering love and guidance. Strengthen my faith and give me the tools I need to trust you. I lift up my concerns about _____ to you. AMEN.

DAY 6 – JOURNAL PROMPT #1

READ: EPHESIANS 3:20-21

20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, **21** to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Have you ever felt your problem was too big for God? How has God shown you He is bigger than your problems?

REMEMBER: ASK BIG THINGS OF A BIG GOD.

PRAYER: Almighty God, I boldly ask BIG things of you, knowing that your power and grace exceed all expectations. I bring _____ before you, trusting you to do immeasurably more. AMEN.

ASK BIG THINGS OF A BIG GOD

Thank You, Father, that as Your Son has told us, "What is impossible with man is possible with God."

I praise You because You are the Almighty Creator of the universe. No circumstance is too big for You. You know the end from the beginning. No problem is a surprise to You. You are completely sovereign.

What others may intend for evil, You are working out for our good and Your glory. Because of Jesus, I can come boldly before Your throne of grace to receive mercy. I can ask for ANYTHING in His name. I can trust that You are pleased to give us Your Holy Spirit and shower every spiritual blessing upon Your children.

I therefore will not hesitate to ask You for miracles and expect You to do far more than I can ever imagine. I ask not for my selfish desires, but for Your good and perfect purposes. AMEN.

WEEK 2 – WHEN GOD IS TOO BIG

The company of the prophets said to Elisha, ‘Look, the place where we meet with you is too small for us. Let us go to the Jordan, where each of us can get a pole; and let us build a place there for us to meet.’ And he said, ‘Go.’ Then one of them said, ‘Won’t you please come with your servants?’ ‘I will,’ Elisha replied. And he went with them. They went to the Jordan and began to cut down trees. As one of them was cutting down a tree, the iron axhead fell into the water. ‘Oh no, my lord!’ he cried out. ‘It was borrowed!’ The man of God asked, ‘Where did it fall?’ When he showed him the place, Elisha cut a stick and threw it there, and made the iron float. ‘Lift it out,’ he said. Then the man reached out his hand and took it.”

2 KINGS 6:1-7 NIV

**GOD IS NOT TOO BIG FOR YOUR
SMALL THINGS**

DAY 8 – GOD IS A PROVIDER

READ: 2 KINGS 4:1-7

1 The wife of a man from the company of the prophets cried out to Elisha, “Your servant my husband is dead, and you know that he revered the Lord. But now his creditor is coming to take my two boys as his slaves.”

2 Elisha replied to her, “How can I help you? Tell me, what do you have in your house?”

“Your servant has nothing there at all,” she said, “except a small jar of olive oil.”

3 Elisha said, “Go around and ask all your neighbors for empty jars. Don’t ask for just a few. **4** Then go inside and shut the door behind you and your sons. Pour oil into all the jars, and as each is filled, put it to one side.”

5 She left him and shut the door behind her and her sons. They brought the jars to her and she kept pouring. **6** When all the jars were full, she said to her son, “Bring me another one.”

But he replied, “There is not a jar left.” Then the oil stopped flowing.

7 She went and told the man of God, and he said, “Go, sell the oil and pay your debts. You and your sons can live on what is left.”

REMEMBER: EVEN IN THE SMALL THINGS, GOD PROVIDES

PRAYER: Heavenly Father, *Jehovah Jireh*, God of provision. I am thankful for your constant care for every detail of my life. I pray for your provision over _____. AMEN.

DAY 9 – GOD IS INVOLVED IN ALL THINGS

READ: MATTHEW 8:14-15

14 When Jesus came into Peter's house, he saw Peter's mother-in-law lying in bed with a fever. **15** He touched her hand and the fever left her, and she got up and began to wait on him.



REMEMBER: PRAY FOR EVEN THE SMALL THINGS

PRAYER: El Roi, God who sees me. I know you see all of me, acknowledging that nothing goes unnoticed to you and no request is too insignificant for your work and glory to be done. In this, I lift up _____ to you. AMEN.

DAY 10 – JESUS CARES FOR THE LITTLE THINGS

READ: JOHN 2:1-11

1 On the third day a wedding took place at Cana in Galilee. Jesus' mother was there, **2** and Jesus and his disciples had also been invited to the wedding. **3** When the wine was gone, Jesus' mother said to him, "They have no more wine."

4 "Woman, why do you involve me?" Jesus replied. "My hour has not yet come."

5 His mother said to the servants, "Do whatever he tells you."

6 Nearby stood six stone water jars, the kind used by the Jews for ceremonial washing, each holding from twenty to thirty gallons.

7 Jesus said to the servants, "Fill the jars with water"; so they filled them to the brim.

8 Then he told them, "Now draw some out and take it to the master of the banquet."

They did so, **9** and the master of the banquet tasted the water that had been turned into wine. He did not realize where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside **10** and said, "Everyone brings out the choice wine first and then the cheaper wine after the guests have had too much to drink; but you have saved the best till now."

11 What Jesus did here in Cana of Galilee was the first of the signs through which he revealed his glory; and his disciples believed in him.

REMEMBER: JESUS CARES ABOUT THE LITTLE THINGS IN YOUR LIFE

PRAYER: Jesus, in Your caring nature, I find comfort in even the little things. You understand me unlike anyone else. I place _____ in YOUR hands knowing you care more deeply than I, in every way and every detail. AMEN.

DAY 11 – GOD GIVES US DAILY PROVISION

READ: I KINGS 17:7-16

7 Some time later the brook dried up because there had been no rain in the land. 8 Then the word of the Lord came to him: 9 “Go at once to Zarephath in the region of Sidon and stay there. I have directed a widow there to supply you with food.” 10 So he went to Zarephath. When he came to the town gate, a widow was there gathering sticks. He called to her and asked, “Would you bring me a little water in a jar so I may have a drink?” 11 As she was going to get it, he called, “And bring me, please, a piece of bread.” 12 “As surely as the Lord your God lives,” she replied, “I don’t have any bread—only a handful of flour in a jar and a little olive oil in a jug. I am gathering a few sticks to take home and make a meal for myself and my son, that we may eat it—and die.” 13 Elijah said to her, “Don’t be afraid. Go home and do as you have said. But first make a small loaf of bread for me from what you have and bring it to me, and then make something for yourself and your son. 14 For this is what the Lord, the God of Israel, says: ‘The jar of flour will not be used up and the jug of oil will not run dry until the day the Lord sends rain on the land.’” 15 She went away and did as Elijah had told her. So there was food every day for Elijah and for the woman and her family. 16 For the jar of flour was not used up and the jug of oil did not run dry, in keeping with the word of the Lord spoken by Elijah.

REMEMBER: GOD PROVIDES FOR YOU DAILY

PRAYER: God, you are so gracious. Thank You for providing for me each day. As I navigate the challenges of life, strengthen my trust in You. I pray for your favor, blessings and guidance in _____ bring shalom to my heart and mind. AMEN.

DAY 12 – GOD GIVES US THE SMALL THINGS

READ: MATTHEW 17:24-27

24 After Jesus and his disciples arrived in Capernaum, the collectors of the two-drachma temple tax came to Peter and asked, “Doesn’t your teacher pay the temple tax?”

25 “Yes, he does,” he replied.

When Peter came into the house, Jesus was the first to speak. “What do you think, Simon?” he asked. “From whom do the kings of the earth collect duty and taxes—from their own children or from others?”

26 “From others,” Peter answered.

“Then the children are exempt,” Jesus said to him. 27 “But so that we may not cause offense, go to the lake and throw out your line. Take the first fish you catch; open its mouth and you will find a four-drachma coin. Take it and give it to them for my tax and yours.”

REMEMBER: NOTHING IS TOO SMALL FOR GOD

PRAYER: Almighty God, nothing is too small for Your attention. I bring even the smallest concerns before You, confident in YOUR care. In this moment, I lift up _____ Thanks Lord, for strengthening my trust and faith in you in all things. AMEN.

DAY 13 – JOURNAL PROMPT #2

READ: HEBREWS 4:16

Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

Have you ever felt your problem was too small or insignificant to come to God with? When? How has God shown you that nothing is too small or insignificant to bring before Him?

REMEMBER: GOD IS NOT TOO BIG FOR YOUR SMALL THINGS

PRAYER: Lord, YOUR greatness is not lost or diminished when it comes to my small things, cares or worries. You are ever-present and attentive to every aspect of our lives, which means in my life too. It is all important to YOU. Amen.

GOD IS NOT TOO BIG FOR YOUR SMALL THINGS

Jesus, our Heavenly Father, thank You for loving us so much that You came down from heaven to be with Your creation.

You are the Almighty God, all-powerful and omnipresent, present everywhere at all times. Nothing in our lives is too small to bring to You. You answer even the smallest of prayers and provide for us the smallest of needs.

Jesus, help me to lean on You fully no matter the size of the needs I have in my life. To seek Your face always and to notice that every detail of my life matters to You. In Jesus’ name. Amen.

WEEK 3 – WHEN GOD WANTS TO CHANGE THE WORLD

Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness. When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.’ Jesus called his twelve disciples to him and gave them authority to drive out impure spirits and to heal every disease and sickness.

MATTHEW 9:35-10:1 NIV

JOIN GOD IN HIS MISSION TO CHANGE THE WORLD

DAY 15 – YOU HAVE BEEN CALLED BY GOD

READ: MARK 3:13-19

13 Jesus went up on a mountainside and called to him those he wanted, and they came to him. **14** He appointed twelve that they might be with him and that he might send them out to preach **15** and to have authority to drive out demons. **16** These are the twelve he appointed: Simon (to whom he gave the name Peter), **17** James son of Zebedee and his brother John (to them he gave the name Boanerges, which means “sons of thunder”), **18** Andrew, Philip, Bartholomew, Matthew, Thomas, James son of Alphaeus, Thaddaeus, Simon the Zealot **19** and Judas Iscariot, who betrayed him.



REMEMBER: GOD INVITES US TO JOIN HIM ON MISSION

PRAYER: God, as you have invited me on mission, Holy Spirit lead me. Give me the courage, bravery, guidance or whatever I may need to join You. May I be open to stepping out in Faith to fulfill the purpose You have for me no matter how great or small the request. Give me a heart of obedience. AMEN.

DAY 16 – YOU HAVE BEEN EQUIPPED BY GOD

READ: ISAIAH 6:1-8

1 In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. **2** Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. **3** And they were calling to one another:

“Holy, holy, holy is the Lord Almighty;
the whole earth is full of his glory.”

4 At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke.

5 “Woe to me!” I cried. “I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty.”

6 Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar.

7 With it he touched my mouth and said, “See, this has touched your lips; your guilt is taken away and your sin atoned for.”

8 Then I heard the voice of the Lord saying, “Whom shall I send? And who will go for us?”
And I said, “Here am I. Send me!”

REMEMBER: GOD EQUIPS THOSE HE CALLS

PRAYER: Heavenly Father, where I may lack please fill in the gaps. Strengthen my mind to trust you will equip me as needed. I trust you to give me the tools, words, and arrangements. Thank you for entrusting me. AMEN.

DAY 17 – YOU ARE PREPARED FOR YOUR MISSION

READ: LUKE 10:1-12

1 After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go. **2** He told them, “The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. **3** Go! I am sending you out like lambs among wolves. **4** Do not take a purse or bag or sandals; and do not greet anyone on the road.

5 “When you enter a house, first say, ‘Peace to this house.’

6 If someone who promotes peace is there, your peace will rest on them; if not, it will return to you. **7** Stay there, eating and drinking whatever they give you, for the worker deserves his wages. Do not move around from house to house.

8 “When you enter a town and are welcomed, eat what is offered to you. **9** Heal the sick who are there and tell them, ‘The kingdom of God has come near to you.’ **10** But when you enter a town and are not welcomed, go into its streets and say, **11** ‘Even the dust of your town we wipe from our feet as a warning to you. Yet be sure of this: The kingdom of God has come near.’ **12** I tell you, it will be more bearable on that day for Sodom than for that town.

REMEMBER: GOD HAS SENT YOU OUT ON MISSION

PRAYER: Lord, You have sent me out on a mission. I acknowledge your purpose in _____ and seek your guidance to fulfill it. You've entrusted me. With Your strength and understanding I will go forward in confidence. AMEN.

DAY 18 – YOUR PAST IS NOT A PROBLEM

READ: ACTS 9:1–19

1 Meanwhile, Saul was still breathing out murderous threats against the Lord’s disciples. He went to the high priest **2** and asked him for letters to the synagogues in Damascus, so that if he found any there who belonged to the Way, whether men or women, he might take them as prisoners to Jerusalem. **3** As he neared Damascus on his journey, suddenly a light from heaven flashed around him. **4** He fell to the ground and heard a voice say to him, “Saul, Saul, why do you persecute me?”

5 “Who are you, Lord?” Saul asked.

“I am Jesus, whom you are persecuting,” he replied. **6** “Now get up and go into the city, and you will be told what you must do.”

15 But the Lord said to Ananias, “Go! This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel. **16** I will show him how much he must suffer for my name.”

17 Then Ananias went to the house and entered it. Placing his hands on Saul, he said, “Brother Saul, the Lord—Jesus, who appeared to you on the road as you were coming here—has sent me so that you may see again and be filled with the Holy Spirit.” **18** Immediately, something like scales fell from Saul’s eyes, and he could see again. He got up and was baptized, **19** and after taking some food, he regained his strength.

REMEMBER: EVERYONE CAN BE USED BY GOD

PRAYER: Thank you God for caring for each one of us deeply and never giving up on us. Give us each the confidence to go forth, trusting that you work through all who are willing. God help me to be willing. AMEN.

DAY 19 – YOU ARE NOT ALONE

READ: MATTHEW 28:16–20

16 Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. **17** When they saw him, they worshiped him; but some doubted. **18** Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. **19** Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, **20** and teaching them to obey everything I have commanded you. And surely **I am with you always**, to the very end of the age.”



REMEMBER: JESUS IS WITH YOU ON MISSION

PRAYER: Jesus, I know You are with me. When I fear you are not, gently remind me of Your presence. You give me strength and I find confidence in knowing you are by my side. Thank you for being my unwavering constant companion. AMEN.

DAY 20 - JOURNAL PROMPT #3

READ: PHILIPPIANS 4:6-7

6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. **7** And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Where do you serve, whether in church or the community? (If you don't serve, think about where and how you can start serving.) How can your service help God change the world?

REMEMBER: JOIN GOD IN HIS MISSION TO CHANGE THE WORLD

PRAYER: Heavenly Father, I choose your mission to change and save the world. Guide me, empower me, and use me to make a difference in _____. With your love, let us plant heavenly seeds that you may sew, and let us be witnesses to your Good News! AMEN!

JOIN GOD IN HIS MISSION TO CHANGE THE WORLD

Dearest Lord Jesus, thank You for the amazing love You have shown us, we desire to join You in Your mission to change the world.

Direct us by the Holy Spirit to show that love to others and draw them to You. Lord, give us a heart like the apostles so that we will go preach the good news to those You have prepared to hear it.

We do not know who is prepared so let us tell everyone we meet. Thank You, God, that You have given us strength, authority and power, and willing hearts to obey You. AMEN!